

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ON

COURSE OUTLINE

COURSE TITLE: INTRODUCTION TO PSYCHOLOGY II

CODE NO. PSY 107-3 SEMESTER: WINTER

PROGRAM: VARIOUS

AUTHOR: SOCIAL SCIENCES DEPARTMENT

DATE: JANUARY 199 3 PREVIOUS OUTLINE DATED: JANUARY 1992

APPROVED: *W* NADEAN KOCH, DEAN, SCHOOL OF DATE *H92* A /
ARTS AND GENERAL EDUCATION

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COURSE DESCRIPTION?

This course is a continuation of PSY 102. It will focus on the psychology of human behaviour. Areas of study will include the following: human sexual behavior, psychotherapies, social cognition, and social behaviors. Student learning will be enhanced by discussions of related contemporary issues affecting the science of psychology and human behaviour.

COURSE GOALS:

To develop a basic understanding of:

1. human sexuality including gender identity, sexual behaviour, sexual dysfunction and treatment.
2. theories of personality development, and personality assessment.
3. stress and stress responses, including factors affecting stress, and techniques for coping.
4. abnormal behaviour and factors related to abnormal behaviour.
5. various schools of psychotherapy including psychoanalysis, behaviour therapy, client centered, and cognitive therapy.
6. social cognition and social behaviours including attitudes and behaviour, aggression, conformity, and behaviour in groups.

TEXTBOOK:

Introduction to Psychology. Rod Plotnik. Second Edition, 1989. Random House.

NOTE: Additional readings and student viewing of audio-visual materials will be assigned during the course, at the discretion of the instructor. The exact dates of tests referred to in the "Syllabus" section will be announced in class. Students will also be responsible for understanding audio-visual material, lecture and class discussion materials presented during the course.

SYLLABUS

Section I: Topics (assigned readings)

CHAPTER 10: HUMAN SEXUAL BEHAVIOUR

Module 26 Gender Identity, Sexual Anatomy, and Arousal

Module 27 Sexual Behaviour

Module 28 Sexual Dysfunction and Treatment

CHAPTER 13: PERSONALITY

Module 35 Trait Approach

Module 36 Freud's Psychodynamic Approach

Module 37 Social-Cognitive and Humanistic Approached

Module 38 Personality Assessment

Test #1 Date - To be announced (approximately early February)
covers all of Section I assigned readings

Section II: Topics (assigned readings)

CHAPTER 14: STRESS AND COPING

Module 39 Cognitive and Physiological Responses

Module 40 Personality, Social, and Situational Factors in Stress

Module 41 Coping

CHAPTER 15: ABNORMAL BEHAVIOUR

Module 42 Abnormality, Anxiety, and Related Disorders

Module 43 Mood and Personality Disorders

Module 44 Schizophrenia

Test #2 Date - To be announced (approximately early March)
covers all of Section II assigned readings

Section III: Topics (assigned readings)

CHAPTER 16: PSYCHOTHERAPIES

Module 45 Overview of Psychotherapies

Module 46 Psychoanalysis and Person-Centered Therapy

Module 47 Behaviour and Cognitive-Behaviour Therapies

CHAPTER 17: SOCIAL COGNITION

Module 48 Social Perception

Module 49 Attribution

Module 50 Attitudes

Test #3 Date - To be announced (approximately late March)
covers all of Section III assigned readings

Section IV: Topics (assigned readings)

CHAPTER 18: SOCIAL BEHAVIOURS

Module 51 Aggression

Module 52 Conformity, Compliance, and Obedience

Module 53 Behaviour in Groups

Test #4 Date - To be announced (approximately mid April)
covers all of Section IV assigned readings

INSTRUCTIONAL METHODOLOGY:

Student learning will be facilitated by lectures, class discussions,
^^and audio-visual presentations.

EVALUATION:

Students will be responsible for regular attendance and class participation in all areas of the course as outlined and for all readings and tests as requested. The course content and evaluation can be modified at the discretion of the instructor.

NOTE: Students unable to write tests as regularly scheduled must:
1) notify the instructor as soon as possible to make alternative testing arrangements 2) be prepared to document (i.e. physician's note) their need for special arrangements

THE FINAL COURSE GRADE WILL BE DETERMINED AS FOLLOWS:

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|------------------|------|
| Test #1. | .35% |
| Test #2. | .25% |
| Test #3. | .25% |
| Test #4. | .15% |

A grade of A+, A, B, C, or R will be awarded upon completion of all the course requirements, in accordance with the grading policy of Sault College:

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|----|---|---------------|
| A+ | = | 90% - 100% |
| A | = | 80% - 89% |
| B | = | 70% - 79% |
| C | = | 60% - 69% |
| R | = | less than 60% |